



The Irlen Institute Announces 15th International Conference in Calgary for June 2026

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The Irlen Institute has announced that its 15th Irlen International Conference will take place June 25-27, 2026, at the Calgary Marriott Downtown in Calgary, Alberta. The three-day event will bring together certified diagnosticians, screeners, and subject matter experts from around the world to share the latest developments in spectral filter color lens technology and visual stress treatment.

The conference will feature specialized training and workshops exclusively for individuals certified in the Irlen Method on the first day, followed by two full days of presentations from leading experts in the field of visual processing difficulties and light sensitivity that are open to the general public.

"This conference represents a significant opportunity for professionals working with individuals affected by Irlen Syndrome to expand their knowledge and connect with the global community of certified providers," said Sandra Tosta, COO for the Perceptual Development Corporation at the Irlen Institute. "With practitioners from 46 countries potentially attending, the exchange of research findings and clinical experiences will be invaluable for advancing our understanding of the visual stress associated with Irlen Syndrome and its treatment."

The conference venue, located across from the Calgary Tower and near notable attractions including the Calgary Stampede Grounds, Calgary Saddledome, and Studio Bell-National Music Centre, offers convenient access just 20 minutes from Calgary International Airport. The location provides attendees with opportunities to explore local attractions before or after the conference sessions.

Registration for the conference is currently open, and the Irlen Institute has issued a call for papers from researchers and practitioners interested in presenting their work. Topics of interest include recent clinical research on Irlen Syndrome, autism, ADHD, migraine, and brain injury; case studies demonstrating successful interventions; and innovations in screening and diagnostic procedures.

The timing of the conference reflects the growing recognition of brain changes associated with visual stress as a significant factor affecting reading performance, attention, and overall quality of life for both children and adults. Recent years have seen increased awareness of how color-based interventions can address perceptual processing difficulties that traditional vision screenings may not detect.

The Irlen Institute, a pioneer in the field of spectral filter color lens technology, has been providing solutions for individuals with light sensitivity and visual stress for over four decades. The organization offers identification and treatment of Irlen Syndrome through colored overlays and spectral filters worn as glasses. The Institute also provides self-testing tools for individuals who suspect they may benefit from color-based interventions and comprehensive training programs for professionals seeking certification in the Irlen Method.

With certified providers operating in 46 countries worldwide, the Irlen Institute has helped millions of individuals improve their reading abilities, reduce headaches, and enhance their attention and focus through the strategic use of color to alleviate visual stress. The organization's work has been featured by major news outlets, including NBC News, ABC News, and CBS News.

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The Irlen Institute

The Irlen Institute, founded by Helen Irlen in 1983, has helped over a million people worldwide through its

comprehensive diagnostic process and innovative technology.

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